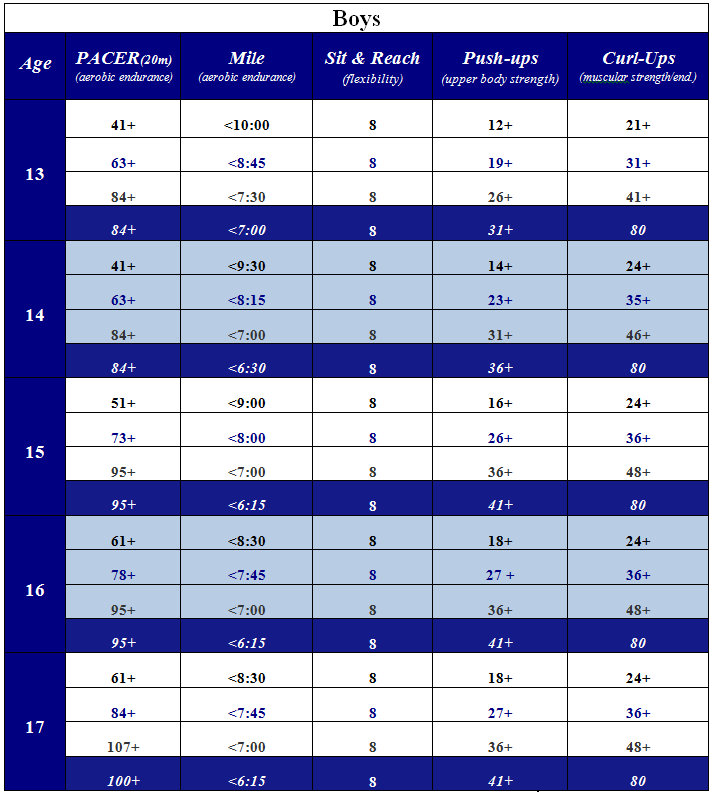


**CT Physical Fitness Standards**

***2015-2016***



**Black = Health Fitness Standard**

**Blue = Staples Fitness Standard**

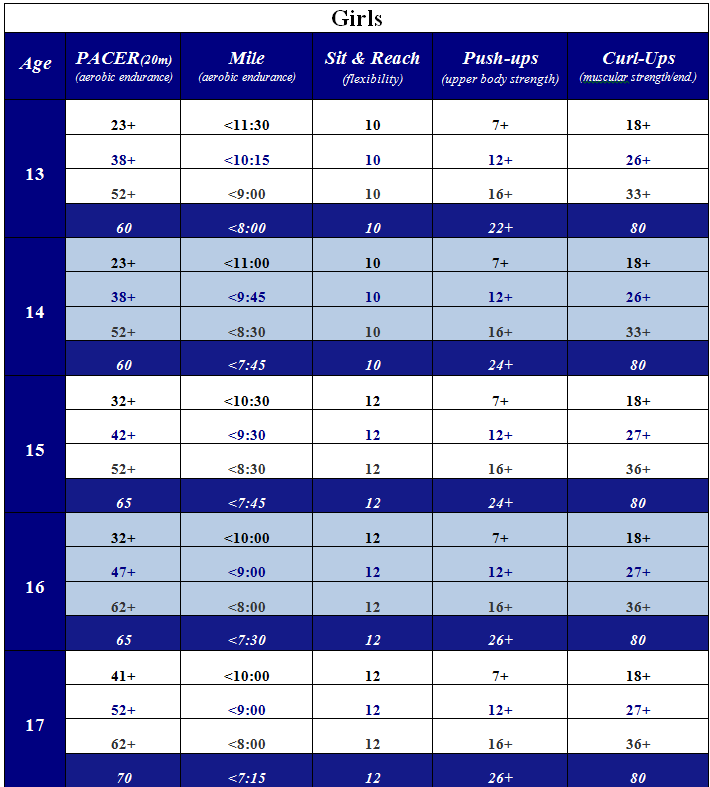
**Platinum = CT High Fitness Performance - Challenge Standard**

***White = SHS High Fitness Challenge Standard***



**CT Physical Fitness Standards**

***2015-2016***



**Black = Health Fitness Standard**

**Blue = Staples Fitness Standard**

**Platinum = CT High Fitness Performance - Challenge Standard**

***White = SHS High Fitness Challenge Standard***